



TODMORDEN TOWN COUNCIL

GRANT APPLICATION FORM – MAXIMUM GRANT £3,000

Applicants should familiarise themselves with the Discretionary Grants Policy and award criteria before submitting their Grant application. Please complete all the highlighted boxes on this application form

Contact Details

Name of Organisation	3 Valley Vegans
Address of Organisation	[REDACTED]
Name of person making application	[REDACTED]
Position in Organisation	[REDACTED]
[REDACTED]	[REDACTED]
Email address	[REDACTED]
website	www.3valleyvegns.org.uk

Organisation Details

What type of Organisation are you? (Delete as appropriate)	
Charitable organisation	Unregistered Community Group/ Club/Society
Registered Charity (Charity number please state below)	Other (please state below)
Do you have a constitution or a set of rules? (if yes, please enclose a copy of your constitution)	Yes No
Are you part of a larger, national or regional organisation? (If yes, please give details)	Yes No
How many trustees, volunteers and service users are there in your organisation?	8 core committee members; approx 15 regular volunteers; 160 signed up for newsletters; 30 WhatsApp group members; previous cookery demonstrations have attracted over 30 people.
Tell us about your organisation, its aims and the work you wish to undertake and your main activities and how you encourage engagement from all sections of the Todmorden Community	

We provide support, information and encouragement to people who want to reduce their reliance on animal-based products, live a more compassionate lifestyle, **reduce their personal contribution to climate change**, reduce the other environmental impacts of their diets, **improve their health and do so in ways that help them to reduce their cost of living**.

The UK's Climate Change Committee has recommended that there should be a 20% shift away from all meat consumption by 2030, rising to 35% by 2050, and a 20% shift from dairy consumption by 2030. Henry Dimbleby's 2021 National Food Strategy Review identified the need to make the following changes to the national consumption of food by 2032 (compared to 2019) to meet health, climate and nature commitments: 30% increase in fruit and vegetables; 50% increase in fibre; 25% reduction in foods high in fat, sugar or salt and 30% reduction in meat. The latter was required to achieve the 5th Carbon budget and the UK's 30x30 nature commitment (30% of our land protected for nature by 2030).

In a Harvard survey of 200 climate scientists and sustainable food/agriculture experts, 85% agreed that human diets, in "high income countries" such as the UK, must shift from foods derived from farmed animals in order to meet the Paris Agreement's target to limit global average temperature rise to 1.5 degrees C above its pre-industrial level. Furthermore, the largest number of those experts agreed that the greenhouse gas emissions from farmed animals must peak before **2025** in "high income countries" (Harwatt et al 2024).

In the absence of any action on the above by our national government, WYCA or the Calderdale Climate Action Plan, our proposed project will be an important kick-starter in Todmorden as it will help people to increase their consumption of fruit, vegetables and fibre at the same time as reduce their consumption of meat, dairy, ultra-processed foods and other foods high in fat, sugar or salt. We will show our target audience how to plan and prepare healthy plant-based meals that reduce their food costs (a 2021 study from Oxford University revealed that a vegan diet is the most affordable) as well as the greenhouse gas emissions associated with the food they eat. We will do this by providing workshops in food preparation based on nutritious, low-cost, unprocessed wholefoods such as vegetables, fruit, legumes, grains and nuts. Where possible we will use seasonal and locally produced foods that support local businesses.

The focus of 3 Valley Vegans is almost exclusively in the Calder Valley but the proposed project will concentrate on people living only within the boundaries of Todmorden wards, particularly those who are most likely to be struggling with the cost of living crisis and so may not have climate change mitigation uppermost in their minds.

In the past, we have engaged with communities via social media, market stalls, information stalls, flyers, posters, word of mouth and our newsletter. Our proposed project will additionally reach out to people in person and through flyers. We will approach people attending Todmorden Food Drop-In, the Children's Centre, Todmorden Climate Challenge College, primary schools, the library, job centre, post office, health centre, St Mary's Church Crypt Cafe, The Old Library Cornholme, Calder Community Cares, Kindness Cafe, Todmorden High School, train station, bus station and similar places where people gather who might be struggling with the cost of living and are not aware of their impact on climate change resulting from their food choices. We also intend to consult with [Tod Support](#) about recruiting people in financial difficulties to our workshops.

We will encourage recruits to attend at least one in a series of five workshops showing how to prepare low embodied carbon, low cost and nutritious plant-based meals with an emphasis on catering for those pressed for time. We have the expertise and food hygiene qualifications within 3 Valley Vegans to undertake the workshops but we will also try to encourage guest cooks from diverse cultures to deliver workshops especially if appropriate to the cuisines of those attending. One guest cook has already volunteered for this.

We plan to carry out the workshops in community rooms in locations convenient to our target audiences. For example, Cornholme Old Library is located in an area where the school has a high pupil premium. (Pupil premium is funding to improve educational outcomes for disadvantaged pupils).

One route into helping people to eat healthily on a low budget, whilst reducing their contribution to climate change, can be through children, young people and their teachers. We therefore intend to deliver part of the proposed project in Ferney Lee Primary School's hall. Ferney Lee has the highest pupil premium in Todmorden.

We recognise that some low income families might have minimal facilities at home for food preparation and/or are struggling with energy costs. We will therefore show how microwave ovens, pressure cookers, low-cost table-top induction hobs and air fryers can be used to prepare meals cheaply, quickly and with lower levels of greenhouse gas emissions than other cookers. We have included the cost of purchasing this equipment in our project costs and intend to retain it at the end of the project for similar workshops in the future without the need for any extra funding from Todmorden Town Council. We will also explore the feasibility of a future project that might provide such cooking equipment to those who would benefit from it.

In case we are unable to utilise a community space near to a target audience, we could deploy our gazebo in an open area and adapt our workshop approach. However, this would necessitate the use of gas cooking equipment and so would not enable us to demonstrate cooking with the highly efficient electrical cooking equipment proposed above.

Will your project have any implications in respect of climate emergency and if so, how do you intend to minimise such impact?

All food production, transport, preparation and consumption makes a contribution to climate change. The global food system accounts for around 33% of anthropogenic greenhouse gas emissions but a person can reduce their contribution to this problem by 50% if they avoid eating animal products. The 2024 Harvard survey cited above is particularly relevant but Professor Pete Smith (Institute of Biological and Environmental Sciences, University of Aberdeen) has described (via personal communication) that dietary change is needed to "slam the emergency brake on climate change".

Cutting the consumption of animal products is much more effective at mitigating climate change than focussing on locally sourced food regardless of what it is (see <https://ourworldindata.org/food-choice-vs-eating-local>). However and for the other benefits it brings, we will still utilise and promote locally sourced and seasonal food as far as practicable and affordable for the target audience.

In addition to reducing greenhouse gas emissions associated with food itself, our focus on food preparation equipment with low energy consumption will minimise the proposed project's contribution to the climate emergency.

Finally, we will encourage active travel or the use of public transport as the preferred method for everyone delivering or attending our workshops especially as the workshops will be held as close as possible to the target participants.

How will you acknowledge the Assistance of Todmorden Town Council on all promotional material - see declaration attend of application.

In addition to acknowledgements, complete with the TCC logo, on our relevant printed publicity materials and web site, TCC assistance will be credited in a press release, announced on social media (Instagram and Facebook), announced at the beginning and end of each workshop and put on a poster displayed at those events.

Project Information

Which Grant are you applying for?

Small Grant	New Organisation	Climate
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What is the Purpose of grant request (delete as appropriate)

Town Hall Hire	Project Delivery	Core Funding	Civic Pride
Town Centre Improvement	Voluntary sector youth Engagement	Social Exclusion	Accessibility and inclusivity
Community Benefit	Community Cohesion	Safety/promotion	Cultural Arts & Music
Environmental project	Climate change	Food Growing	Town Centre Event
Skill development	Economic difficulties	Health & Wellbeing	Community Room Venue Hire

Other (please state)

Project Name	Cheap and easy climate emergency cookery
When will your project start?	Detailed planning will start on receipt of being notified that this application has been approved.
When will your project finish?	By 31st March 2025 subject to approval of grant at least 2 weeks before schools break up for their summer holidays.

How will your project benefit the local community within the Todmorden town boundary? (Use a separate Sheet if necessary).

We are in a cost of living crisis. Changing to a plant-based diet could cut the average person's food budget to up to a third. Springmann et al (2021) found that healthy and sustainable dietary patterns were, depending on the pattern, up to 22–34% lower in cost in upper-middle-income to high-income countries (such as the UK) on average. In general, people are not aware of how to cook plant-based food without using expensive ultra-processed 'fake meat' products.

Our cookery workshops will address affordability by allowing Todmorden residents to have hands-on experience making delicious, quick and easy - and above all, low cost - meals for the whole family, such as quick burger-style meals using tinned chickpeas or lentils, roast lunches which can be cooked using

predominantly an air-fryer, or one-pot meals such as risottos or soups. We will also share the best energy-saving ways of cooking vegetables (microwaving or flash-frying then steaming, for example), which give the tastiest results.

Two thirds of Calderdale's residents are overweight or obese and nationally only a quarter of adults eat the recommended amount of fruit and vegetables. Plant-based foods help to reduce the risk of obesity and chronic diseases such as heart disease and diabetes, by increasing the amount of fruit, vegetables, wholegrains, nuts and legumes consumed. Research shows that a key barrier to people increasing their consumption of plant-based foods is a lack of cooking and menu planning skills.

Why is this project needed? What advantage will it bring to Todmorden?

Todmorden residents will become more environmentally-conscious due to the explicit linking of food choices and climate change in our cookery workshops, benefitting the local area as a greater number of people will be positively motivated to protect it. 3VV's cookery workshops will provide education about the climate-positive impact of a plant-based diet for Todmorden residents. Ordinarily, Todmorden residents are not given the opportunity to make an informed choice about how to eat to protect the environment. This is because of industry influence from a powerful meat and dairy lobby, which, aided by farming policy that favours the continuation of the status quo by giving massive subsidies, does not align with health or climate goals. Also, many healthcare professionals still follow the narrative that meat and dairy are essential, and are not up-to-date with current research on health.

We are in a climate emergency. Any action that can help contain it is needed urgently. The project will specifically help Calderdale and Todmorden meet its climate targets because a plant-based diet massively reduces environmental damage. The environmental impact of animal based foods is much higher than that of plant based foods. This is because of processes related to animal management (e.g. climate-degrading gas methane production by ruminants, and also excess manure which finds its way into river systems, killing plants and wildlife), and also because of land use issues - there is a huge environmental impact of using plants as animal feed, instead of eating them directly.

Even small dietary changes have a big environmental impact. Replacing 30% of meat with plant protein could offset almost all global aviation emissions, free up an India-sized carbon sink that could absorb CO₂ from the atmosphere and save 7.5 million swimming pools' worth of water a year (Brava, 2023). This kind of knowledge, that they are able to make small changes that will help the environment, will empower Todmorden residents, bringing people and local groups together in community action to work together. The education and knowledge from our cookery workshops will have a ripple effect. Knowledge and information will be passed on between friends and within families.

How many people within the Todmorden town boundary will benefit from the project?

In the 2021 census, there were 7,245 people recorded as living in Todmorden who were between 18 and 64. We believe that this broad age group has the most potential to improve their diet (and those they influence) for the benefit of the climate. Of these people, we aim to target our project at the roughly 20% who are classified as experiencing income deprivation. Of these, we expect 10% to benefit from the project. Thus, $7,245 \times 0.2 \times 0.1 = 145$ people. However, we do not feel it would be appropriate to check the income deprivation of each individual. We will therefore rely for this on where and how we recruit people to the project based on the English Indices of Deprivation (IoD): Calderdale data for Todmorden at <https://dataworks.calderdale.gov.uk/dashboards/iod/> These 145 people can in turn help or inspire others by sharing the skills they have acquired.

Please include dates and venue of events if applicable (include a draft programme if available.)

July/August 2024 - Ferney Lee Primary School hall - launch and workshop.
October 2024 - Cornholme Old Library workshop.
November/December 2024 - Central Methodist Church - budget food for Christmas workshop.
January 2025 - Todmorden Learning Centre and Community Hub workshop.
February/March 2024 - Ferney Lee Primary School hall - workshop.

Financial Information/ Project Costs

Total Project Costs	£2,227	
Amount requested from TTC	£1,225	
Have you previously applied for grant funding from Todmorden Town Council? (If yes please give details including when and how much)	Yes	No
Grant of £380 awarded in April 2017 for cookery demonstrations and workshops.		
Have you or this group previously applied for or received any other grant for this project? (If yes please give details below/ separate sheet)	Yes-	No
Applied to	N/A	
Dates of application	N/A	
Received from	N/A	
Date received/or due	N/A	
Amount received	N/A	

Budget: This budget should be for the total cost of the activity you are applying to do. Please be as accurate as you can, as you may be asked to explain any amount which is unclear. Attach a separate budget sheet if you have done this work already.

(Please provide estimates/quotations of the proposed items of expenditure you may use as evidence on separate sheets. If you are unable to claim VAT back please ensure the gross value is put in here. And please do not round figures up)

Expenditure Description	Cost (£)
Insurance	£96

Central Methodist church hire	£135
Cornholme Old Library hire	£45
Todmorden Learning Centre and Community Hub kitchen hire	£74
Ferney Lee Primary School Hall hire	£225
Ingredients	£200
Microwave oven	£100
Portable double induction hob	£150
Air fryer	£60
Publicity	£150
Aprons/hairnets/H&S/food hygiene	£114
Cleaning materials	£30
Contingency	£68
Volunteer Hours (based on £10 per hour as for this project only)	£780
Total Expenditure	£2,227

Other income	
Income Description	Cost (£)
Crowdfunding	£222
	£
	£
	£
	£
	£
	£
	£
	£
	£
Volunteer Hours (this should match the figure in the expenditure table)	£780
Total Income	£1,002

Organisation Financial Information

Level of Reserves Held at application date	£394
Bank Statement(s) Balance at application date	£364
Total value of Assets Held	£394

Name of signatory on the account 1	██████████
Name of signatory on the account 2	██████████

██	
██████████ Name	██
██	██
██████████	██████████
██	██████████

Acknowledging the contribution from Todmorden Town Council

This is public money used to support local good causes. We would expect residents to be made aware of this wherever your organisation is able to do so through use of the Council's crest and commentary wherever the opportunity arises.

- Press Release on award of Grant.
- Web Site acknowledgement that Todmorden Town Council has provided a Grant and the amount provided.
- Social media post on award being given.
- Any literature promoting the project and or purpose of the grant.
- Inclusion of crest on letter footer as funders/part funders of organisation.

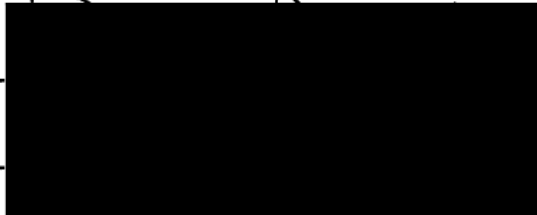
Declaration

- I am authorised to make this application on behalf of the above organisation

- I certify that the information contained in this application is correct
- I confirm that I have read and understood the Council's criteria for its small grants scheme
- If the information in the application changes, I will inform Todmorden Town Council as soon as possible
- I give permission for Todmorden Town Council to record the details of my organisation electronically and contact organisation by phone, mail or email with information from time to time
- I agree to the terms and conditions of the grant criteria stipulated on this form and will provide evidence to the Council to show that the grant has been used in the manner it was intended and will repay any funds that have not been used towards the grant
- I agree to promote Todmorden Town Council in all publicity activities in support of the grant awarded
- I agree to comply with any other terms and conditions that the Council may attach to the grant
- I agree to return any unspent grant monies awarded.

Applicants Signature _____

Application Date _____



Please submit your completed application form and supporting documents to:
 Todmorden Town Council, Todmorden Town Hall, Bridge Street, Todmorden, OL14 5AQ or via email to admin@todmorden-tc.gov.uk

Checklist

Please enclose the following documents with your application. We will only process your application once we have received them.	
Full and complete copies of your signed, certified and audited latest annual accounts (if your organisation is less than twelve months old, please provide your latest bank statement with a statement of income and expenditure or other financial information which indicates your financial position, and the projected income and expenditure for the next twelve months. You are also required to supply one personal and one business reference).	Yes BUT SEE LAST CELL OF THIS TABLE No
Copy of your organisation's constitution or set of rules	Yes No
Copies of your bank statements for the last six months - 12 MONTHS	Yes No
Copies of two written estimates/quotes if you are applying for a grant for equipment/capital item	Yes No
Evidence of any other awards received towards the cost of the project e.g. copy of award letter.	Yes No
A certified copy of the resolution of the organisation to apply for the grant or letter of approval signed by 2 trustees/board Members	Yes No
Any other information that is appropriate or relevant to this application (e.g. insurance cover, health and safety issues, planning permission received)	Yes No

If you are unable to supply this information, please contact the Town Council office for advice prior to submission. SEE EMAILS EXCHANGED BETWEEN NAOMI CREWE & ROBERT BAYLIS “Yes we would accept a statement of accounts signed by the chair and treasurer but we would also ask for 12 months worth of bank statements to accompany this.”

Official Use Only

Sum requested from Todmorden Town Council	
Applicant contribution % = (B/A)%	%
Todmorden Town Council Contribution % = (C/A)%	%
Total income (must be sum of B & C above) and equal to figure A	
Does applicant contribution % meet criteria – see end of application form	Yes No
Volunteer Hours % contribution	
Does the volunteer hours contribution % meet criteria	Yes No
Town Clerk confirmed Bank details and supporting documents.	Yes No